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# Snapshots of West Coast Living

West Coast living for East Coast dwellers ... the best of what to do the next time you're in California.

By Dionne Clarke



## L'Auberge Del Mar

L'Auberge Del Mar has long been a favorite SoCal coastal retreat in San Diego's North County region, just two hours south of L.A. But with the gorgeous remodel of its 121 guest rooms and suites by renowned interior designer Barclay Butera, there's even more reason to book your next getaway there.

The updated coastal chic decor is inspired by the hotel's oceanfront location with furniture and accessories in ocean blues, sea glass greens, and crisp whites bringing brightness and vibrancy for a beautiful contemporary and serene feel.

Rooms are decked out with the comfiest of beds, large flat-screen TVs, in-room coffee service and a separate sitting area.

The intimate hotel overlooking the Pacific Ocean boasts easy beach access through a private path and amenities that include tennis courts, a 24-hour fitness center, leisure and whirlpools, and close proximity to stores and restaurants in the quaint Del Mar town.



Spa L'Auberge, situated in a cozy beach house on the hotel property, offers massages, body treatments, facials, mani/pedis, and more in its 10 treatment rooms. The 5,000-square-foot oasis is the perfect oceanside spa to rejuvenate, relax, and be pampered. One of the more popular treatments is the 80-minute aromatherapy facial, which is pure joy. Essential oils extracted from flowers, herbs, and plants are blended into magical potions, used to help relieve stress, hydrate your skin, and give you that sought-after glow.



When it's time for eats, L'Auberge Del Mar's signature restaurant, Kitchen 1540, will delight in every way. Executive Chef Nathan Lingle, whose devotion to using the highest quality regional ingredients on his menu, is sure to rustle up creative and inventive dining options that will cater to your culinary desires.

Self-described as perfecting a "coastal harvest" culinary style, Lingle uses local produce in his dishes, which boast a Baja and Pan Asian flair. Favorites include the duck prosciutto and ricotta fritter appetizers, the Jidori chicken with Cara Cara orange, and the Skuna Bay salmon with black rice and ginger dashi. Leave room for the craft beer beignets or the chocolate butter-bourbon bar! [LAubergeDelMar.com](http://LAubergeDelMar.com)